YOUTH DIGITAL COMPASS

Empowering Youth in the Digital World

Building on years of research led by **Professor Victoria Talwar at McGill University**, **Youth Digital Compass** was created in September 2024 to help young people navigate online life safely, kindly, and confidently as a part of **BRP's Ride Out Intimidation Program**.

So far, our focus has been on four key areas:

- ◆ Raising awareness about cyberbullying and its many forms;
- ◆ Teaching youth how to stay safe online and protect themselves;
- ◆ Encouraging safe and effective "upstander" strategies;
- ◆ Promoting kindness and respect across digital spaces.

Our multimedia tools—videos and infographics—are co-created with youth (ages 8–14), ensuring they reflect real experiences and concerns.

We've also developed resources for parents, equipping them with guidance on:

- ✓ Understanding cyberbullying;
- ✓ Supporting youth resilience online;
- ✓ Online etiquette and digital platforms that youth use daily.

With the ongoing support of BRP's Ride Out Intimidation Program, our next steps include:

- 📊 Evaluating our materials with diverse groups of students;
- 📘 Expanding resources for educators, including curriculum guides;
- 🎥 Growing our library of multimedia tools for youth, parents, and teachers.

Check our website:

https://youthdigitalcompass.com

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